**Why a Physical Resurrection?**

Why is it important that Jesus rose in the same physical body in which He died? Only a physical resurrection–

**1. Is visible and *verifiable***

**2. Is unique in *history***

**3. Proves Christ’s authority to *forgive***

**4. Provides a pattern for our *resurrection***

**5. Demonstrates that Jesus is *God***

**6. Requires your submission to Jesus as *Lord***

**For additional study or family discussion**

1. Did the Lord speak to you today about Himself and His ways? Did He show you a duty you need to perform or a promise you need to claim? What was either encouraging or challenging in the sermon?

2. Some of Jesus’ predictions of His own death and resurrection–

Mark 8:31

Mark 9:30-32

Mark 10:32-34

3. Old Testament predictions of Christ’s death and resurrection–

Psalm 16:10 with Acts 2:24-32

Isaiah 53, especially verses 10-12

4. Who saw the risen Lord Jesus (1 Corinthians 15:3-8)? The gospels, by the way, mention several others.

5. What consequences of the resurrection of Christ do you see in 1 Corinthians 15?

Verses 17-20

Verses 20-23 and 42-49

(The “spiritual body” is not an ethereal, non-material body. It is a physical body that receives its life from the Spirit of God, as we see in Romans 8:11.)

6. Philippians 3:20-21. What is the pattern for our resurrection bodies?