What Kind of Resurrection?

**1. Many people have “spiritual” experiences**

(Experiences of the mind)

A. Many *kinds* of “spiritual” experiences

B. Possible *stimuli* for “spiritual” experiences

C. The *unreliability* of “spiritual” experiences

**2. The resurrection of Christ was a physical event**

A. The grave was *empty*

Luke 24:3; (Mark 16:5-6; John 20:4-8)

B. He ate real *food*

Luke 24:41-43

C. His body was *touched*

(Matthew 28:9) John 20:17, 26-29

D. He was seen on multiple *occasions*

in different *settings* and by *hundreds*

**3. The consequences of Christ’s physical resurrection**

No one else ever predicted his own death and resurrection and pulled it off. This provides a solid ground for confidence in—

A. The *forgiveness* of our sins

Luke 24:44-47; 1 Corinthians 15:14-20

B. The *resurrection* of our bodies

1 Corinthians 15:21-23, 42-44

C. Our *fellowship* with God

John 14:1-3, 16-17, 23

**For additional study or family discussion**

1. What did the Lord say to you today through His word? Did you learn some new truth about God or yourself? Did the Lord challenge you, convict you, or encourage you?

2. “Spiritual” experiences may come from demons or other unreliable sources (1 Kings 22:1-28; 2 Corinthians 11:14; Galatians 1:8; Colossians 2:18).

2. Have you ever had an unusual “spiritual” experience that you thought might be of supernatural origin? How did it affect you in the short term? In the long term? Did it make you more kind, more patient, more self-controlled, and more focused on Christ and His glory? See 1 Corinthians 13; Galatians 5:22-24.

3. Have you met people who were more interested in talking about their “spiritual” experience than they were about sharing the gospel of Christ? See Job 4:12-16; Colossians 2:18-19. What did Paul’s preaching focus on (1 Corinthians 2:1-5; 15:1-5)? Why didn’t Paul describe his mystical experience (2 Corinthians 12:1-6)? How does this compare with people who write books and do TV interviews about their experiences?

4. Jesus predicted His own death and resurrection.

Mark 8:31; 9:9-10, 30-32; 10:32-34

5. Some of the appearances of the risen Christ (in their possible order)

**On Resurrection Sunday**

Mary Magdalene (John 20:11-18)

Other women (Matthew 28:9-10)

Two disciples on the way to Emmaus (Luke 24:13-32)

Simon Peter (Luke 24:33-35)

The apostles minus Thomas (Luke 24:36-43; John 20:19-25)

**On the next Sunday**

The apostles including Thomas (John 20:19-25)

**Sometime later in Galilee**

Seven disciples beside the Sea of Galilee (John 21)

500 on a mountain in Galilee (Matthew 28:16-20; 1 Corinthians 15:6)

**At an unknown location**

James the brother of Jesus (1 Corinthians 15:7)

**On the Mount of Olives near Jerusalem** 40 days after his resurrection (Acts 1:3-12)

**Other appearances are implied** (Acts 1:3)